



MONDAY BREAKFAST

Dilmah Tea - English Breakfast, Ceylon, Darjeeling, Earl Grey, Sencha, Jasmine

Coffee - Cappuccino, Latte, Espresso, Americano, Doppio, Iced, Mocha Latte

Juices of the day - Asian pear, ginger, lemongrass OR Mango, banana, coconut, spirulina

Monday Special

thai of the day - Two fried eggs on a hot pan with Chinese sausage, smoked ham and toast

jar of the day - Chia seed and almond milk with granola, mixed dried fruits, pomelo and pistachio

SALA selection

banana bowl - Cacao and banana blended with almond milk served with chia seeds, pistachio, goji (v) (gf)

oatmeal - Oats with blueberries and a pecan / almond granola, compressed apple, maple syrup (v) (gf)

waffles - Coconut mango & passion fruit waffles with Madagascan vanilla mascarpone (v)

banoffee French toast - Griddled brioche with banana mousse, toffee sauce, grated chocolate (v)

crepes - Coconut crepes with vanilla custard, blackberry and orange compote, toasted flaked almonds (v)

Turkish eggs - Poached egg, garlic yoghurt, harissa with smoked paprika, mint and coriander, charred bread (v)

pad Thai - Wok fried rice noodles with egg, chicken and tamarind sauce, peanuts and chives

smashed avocado - Smoked salmon with avocado, poached egg, charred bread and dukkah

eggs benedict - Poached eggs with streaky Bangkok bacon, hollandaise and toasted English muffin

full & proper - Back bacon, tomato, Portobello mushrooms, croquette, pork or chicken sausage, beans, egg

morning sides

Bacon / Pork Sausage / Beans (with or without pork) / Mushrooms / Grilled Tomatoes / Croquette

(gf) gluten free | (v) vegetarian suitable | (h) halal certified | for other food allergy and intolerances please ask your server