



Inspired by the ancient wisdom of Lanna healing techniques

A tranquil sanctuary in the heart of Chiang Mai, the spa gracefully embodies the ancient wisdom of Lanna with age-old healing massage techniques and remedies past down from generations.

Massage Treatments

the spa offers carefully curated massage treatments inspired by an era of traditional healing and wellness. Our therapists are trained in a variety of techniques ranging from the relaxing to the invigorating, leaving you rejuvenated and refreshed.

Foot Reflexology Massage

60 mins

750

This signature treatment focuses on acupressure points that correspond to specific internal organs. By applying thumb pressure and massage strokes to the nerve endings that are connected to these muscles and organs, this technique helps alleviate muscle aches, body tension and stress. It is also known to help induce blood circulation and improve the digestive system.

Traditional Thai Massage

60 mins / 120 mins

850 / 1,250

A vigorous massage passed down from a lineage of ancient masters, this technique goes back to more than 2,000 years! Skilled therapists use their hands, feet and elbows to work on pressure points, stretch muscles and improve blood circulation; and at the same time ease tension and restore agility. You will experience immediate relieve and the feeling of immense relaxation and overall balance of mind and body.

Back, Neck and Shoulder Massage

45 mins / 60 mins

800 / 1,000

Soothe away tired muscles on your upper body with this tension-releasing therapy. Pressure on focused points together with short gentle strokes will assist to loosen up knots, relief tension and improve blood circulation. Ideal for those with chronic back and shoulder pains.

Aromatherapy Massage

60 mins / 90 mins

1,400 / 1,800

The perfect therapy to relieve stress, fatigue and muscle tension. Combining the use of natural aromatic oils, this treatment promotes deep relaxation and improves overall body tension. Perfect for those who seek a pampering session or for those who wish to have a more relaxing body massage.

Prices are in Thai Baht and are subject to service charge and value added tax