

SALA PHUKET

ISLAND ADVENTURES

SALA TOURS & ACTIVITIES



INSTA-WORTHY POPULAR SITE SEEING

Here are some of our favourite Phuket Instagram locations for you to discover.

#sametnangshe

Samet Nangshe Viewpoint is one of the most photographed locations in Phang Nga, located only 30 minutes drive from Phuket.

#phuketplanespotter

Take a bicycle ride down to the where Mai Khao Beach meets the airport for some dramatic close ups!

#sarasinbridge

The gateway to the mainland features not only the beautiful ornamental bridge, but also some great local seafood restaurants right on the beachfront.



VILLAGE LIFE FORGOTTEN PHUKET

Experience a more traditional way of life as you step away from the typical tourist trails on our Forgotten Phuket tour. Our resident SALA Seeker will guide you on this half day adventure to a simpler life.

Enjoy cruising through the turquoise waters of Phang Nga Bay and see the towering limestone cliffs up close onboard your very own long tail boat before kayaking through the labyrinth of mangroves forests and trying your luck at traditional hand line fishing.

Then visit a fishing village to meet with the local community and learn more about local crafts such as rubber tapping, tie dying and the making of fish paste.

We recommend you stop by our favourite local seafood restaurant just over the bridge on the way home for a delicious lunch before returning to SALA in plenty of time for happy hour!



PHANG NGA CAVE CULTURE MEETS NATURE

Phang Nga is not just about the stunning waters and hidden beaches, there are many treasures to discover over land as well.

Let our team take you on a guided tour of natural highlights, such as Khao Chang (Elephant Mountain) and Phung Chang cave where you can take a guided canoe ride through the cave depths. Then visit Wat Thum Suwankuha and the awe inspiring reclining Buddha. Just beware of the monkeys!

Spend some time relaxing at Raman Waterfall before returning to SALA Phuket.



LIMESTONE BAY PHANG NGA BY BOAT

Located between Phuket and southern Thailand's mainland, Phang Nga Bay is instantly recognisable with its iconic limestone karsts and emerald green waters.

Made famous by countless cinema appearances from James Bond, to Bridget Jones and of course The Beach.

Spend the day exploring the many private golden sand beaches and haunting caves and crevices by local long tail or luxury speed boat. Phang Nga Bay is one of the most popular Phuket adventures.



SIMPLY DELICIOUS PHUKET FLAVOURS

More than just stunning beaches and tourist villages, Phuket is also home to some amazing cuisine. Taking influence from the islands rich history of Chinese and Malay immigrants, Phuket town is scattered with delicious local restaurants and signature dishes. Take a trip to town and taste your way through some of our favourites such as 'Moo Hong', 'Kanom Jeen Kang Poo', 'Mee Sapam' and fresh dim sum. Ask our team for personal recommendations.