



SALA ACTIVE

Exclusively for resort guests, try our complimentary yoga classes every Tuesday and Thursday from 7:30 AM to 8:30 AM at The SALA, located the Fitness Centre.

A 24-hour advance reservation is required. Kindly arrive 15 minutes before the session.



For more information, please call +66 77-245-888 or email spamgr@salachoengmon.com for inquiries.